

**LEARN  
TO OFFER  
INCLUSIVE  
MOVEMENT  
CLASSES**

# SWITCH2MOVE

**A NEW GATEWAY  
TOWARDS  
MENTAL AND PHYSICAL  
CONDITIONING**

**5-DAY**  
Educational module

**24TH-28TH OF MAY  
IN AMSTERDAM**

For dancers and movement practitioners

**MORE INFORMATION?**

[education@switch2move.com](mailto:education@switch2move.com) ■ [switch2move.com](http://switch2move.com)



“We believe that every person  
can explore, unleash and enhance  
their individual potential  
to live a healthy and meaningful life”

## SEVEN MODULES

Subjects on human movement, health and wellbeing

Movement and the intellect

Kinaesthetic

Verbal stimulation and imagery

Translate disability to ability

Teaching mastery & reaching autonomy

Movement synergy to self-renewal

## OUTCOMES

Practical application in creative movement, health and wellbeing

Develop your own practice & increase revenue

Professional networking and Switch2move e-connect forum

Marketing material

Professional expansion & self-expansion

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## LOCATION

24 - 25 - 26 May ■ 11.00 -18.00 ■ Chassé Dance Studio

27 May ■ 10.00 -17.00 ■ NOB

28 May ■ 11.00 -17.00 ■ NOB

Chassé Dance Studio, [chasse-dancestudios.nl](http://chasse-dancestudios.nl)

National Opera and Ballet, [operaballet.nl](http://operaballet.nl)

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**FEE € 500** (direct payment) ■ **€ 530** (in 2 terms)

For those in need, we are also offering a community price, please apply to  
[communitymanager@switch2move.com](mailto:communitymanager@switch2move.com)